



# West Virginia Emergency Management Division

## Wilderness First Aid Course # 25-158-03

**Location:** 1700 MacCorkle Ave. S. E., Charleston, WV - Outdoor portion - Kanawha State Forest

**Instructors:** Bob Ruzewski - Spot On Training, LLC

**Course Dates:** December 3, 4 - ZOOM online classes 6pm to 10pm  
December 7 - in person class

**Students will need to contact instructor for online class: [bob@ruzewski.com](mailto:bob@ruzewski.com)**

**Course Description:** Wilderness First Aid (WFA) is a 16-hour course designed to equip participants with the knowledge and skills necessary to effectively respond to medical emergencies and injuries in remote and outdoor settings. Students will learn how to assess, treat, and manage common injuries and illnesses that may occur in wilderness environments, where access to medical help is limited or delayed. This course emphasizes hands-on training, scenario-based learning, and practical application of first aid principles in challenging outdoor conditions.

**WVEMD will provide Wilderness First Aid Training Materials.  
Students will be responsible for transportation costs and meals**

**Students will need to register through [PSTachio.wvnet.edu](http://PSTachio.wvnet.edu) for this class**

**Please contact Eva Godbey with questions about registration at  
304-766-0011 ext. 22 or [eva.godbey@k12.wv.us](mailto:eva.godbey@k12.wv.us)**

If you have questions, please contact Jeff Cunningham, SAR Training Officer at  
304-414-7682 or 304-941-6025. Email: [jeff.o.cunningham@wv.gov](mailto:jeff.o.cunningham@wv.gov)