



West Virginia Emergency Management Division Wilderness First Aid Course # 25-159-03

Location: Baker Heights VFD 36 Danbury Lane, Martinsburg, WV 25401

Instructors: Bob Ruzewski - Spot On Training, LLC

Course Dates: October 15, 17 - ZOOM online classes 6pm to 10pm
October 19 - in person class

Students will need to contact instructor for online class: bob@ruzewski.com

Course Description: Wilderness First Aid (WFA) is a 16-hour course designed to equip participants with the knowledge and skills necessary to effectively respond to medical emergencies and injuries in remote and outdoor settings. Students will learn how to assess, treat, and manage common injuries and illnesses that may occur in wilderness environments, where access to medical help is limited or delayed. This course emphasizes hands-on training, scenario-based learning, and practical application of first aid principles in challenging outdoor conditions.

**WVEMD will provide Wilderness First Aid Training Materials.
Students will be responsible for transportation costs and meals**

Students will need to register through PSTachio.wvnet.edu for this class

**Please contact Eva Godbey with questions about registration at
304-766-0011 ext. 22 or eva.godbey@k12.wv.us**

If you have questions, please contact Jeff Cunningham, SAR Training Officer at
304-414-7682 or 304-941-6025. Email: jeff.o.cunningham@wv.gov